

*MI-USAG Administrative  
Committee*

**State Chairman**  
Douglas Rowe

**State JOC**  
Jim Comiskey

**Education Coordinator**  
Dave Begian

**Committee Secretary**  
Al Scharns

**Level 9/10 Rep**  
Lori Koch

**Level 8 Rep**  
Tami Jacobs

**Level 7 Rep**  
Jason Bahleda

**Level 6 Rep**  
Becky Burden-Cuddeback

**Level 5 Rep**  
George Young

**Level 4 Rep**  
Cassie Davis

Prep Opt Rep  
Claudia Kretschmer

**NAWGJ State Chairman**  
Georgette Dupke

### ***Inside This Issue***

From Doug

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# ***MICHIGAN USA-Gymnastics***

## **DOUG'S BULLETIN BOARD**

### **2008 SOM & State Meet Entry Deadline Dates**

The Entry Deadlines assists a meet host in processing the meet schedule in a timely manner. In the Fall State Meets, there were late entries. Please note the "Late Entry Fee" costs.

### **State Meets**

Meet Directors; please follow your check list for hosting the State Meets. First, send out the Pre-Meet Info regarding what type of equipment is being used. Michigan follows the draw for State Meets on pages 39 & 40 of the USAG R&P pink book. First, age divisions must be determined. Michigan attempts to create an equal number in each age group, the same type of format used to determine the age groups for Level 8, Level 9, & Level 10 Regional meets.

### **State Meet Deadlines**

A \$25 "LATE FEE" per gymnast if the entry is not postmarked by the entry deadline date. Coaches – stay sharp! It is expensive, I had to pay in the past also!!

The Level 9 & 10 Regional Meet is being hosted by Twistars USA in Lansing, April 25, 26 & 27, 2008.

The Level 8 Regional Meet is being held in Peoria, Illinois, May, 2, 3 & 4, 2008. The Level 8 Regional Deadline is at the conclusion of the Level 8 State Meet. Coaches, have one (1) check ready for entry fee to the Regional meet.

**The Level 5 State Meet Entry Deadline was incorrectly printed in the Michigan Rules and Policies on the chart on page 11. The deadline date on the next page, (page 12) is also incorrect! The correct date is Monday, March 31, 2008.** (3 weeks to State Meet) **The last SQM for Level 5 is Saturday, March 29 & Sunday, March 30 at Branch Gym in Kalamazoo.**

**State Administrative Committee Chairman Election** will be conducted on-line at [www.usa-gymnastics.org](http://www.usa-gymnastics.org) from April 1 – April 15. In order to ensure that your vote can be counted, each Professional Member should make sure of each of the following:

1. That their address is current (specifically the State)
2. That they know their personal User ID (which is their Professional Member number)
3. That they know their password (a Professional Members password is their eight digit date of birth in a MMDDYYYY format unless they have otherwise instructed.)
4. Their Professional membership must be fully processed and current by February 28, safety certification and background check included.
5. If you have any questions regarding your voting privileges, please call Rachel Brazo, Women's Program Manager at 317/237-5050.

**Drop Back Deadline:** Coaches, gymnasts **MUST** compete in the level once they are entered/registered for a L-7, L-8, L-9, L-10 State Meet.



## MICHIGAN USAG COMMITTEE MEMBERS 2007-2008

### STATE CHAIRMAN

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### Prep Opt Rep

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### NAWGJ STATE CHAIRMAN

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E-Mail: [getts@aol.com](mailto:getts@aol.com)

OTHER FREQUENTLY CALLED NUMBERS

USAG Member Services (800)345-4719  
USAG Merchandise (800)345-4719  
NAWGJ National Library - Judy Dobransky (586)795-5346 Lib.

USAG-MI ASSIGNORS: Terry Zillich (586)294-9124  
Alice Porter (517)694-5571  
Karrie Brown (586)412-0549

Michigan TOPS Director (s)  
Lynda Rourke [coachlala@comcast.net](mailto:coachlala@comcast.net)  
Ann Marie Walko [amwalko@comcast.net](mailto:amwalko@comcast.net)

**Classified Ads**

**Michigan Academy of Gymnastics**

Seeking GIRLS Compulsory/Optional Coach Levels 4 through Level 8  
Applicant must have strong Tumbling, Bars and Vault proven background  
*ALSO: Boys & Girls Class instructors & Kinder teachers (in Westland & Ann Arbor)*  
References required / Background Checks Necessary  
Degree in Physical Education with a gymnastics background preferred Pay and Benefits negotiable  
Fax resume to 734-721-6445 or Email resume to: [douglasrowe@hotmail.com](mailto:douglasrowe@hotmail.com)

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**Farmington Gymnastics Center**

Farmington Gymnastics is seeking Preschool, Recreational & Team coaches  
Good pay and a GREAT place to work !!  
Fax resume to 248 615-6802 or Email resume to [dlmflight@aol.com](mailto:dlmflight@aol.com)

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**Champion Gymnastics USA**

in Holland Michigan is looking for a girl's team coach for levels 4-6. We will train the right person.  
You must have a spotless record, be willing to work as a team player and enjoy coaching gymnastics.  
All resumes will be held in the strict confidence. For more information please call Eric Thompson  
at 616-399-5608 or email us at [champgymusa@mac.com](mailto:champgymusa@mac.com).

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**Michigan Elite Gymnastics Academy**

Michigan Elite Gymnastics Academy is looking for energetic, enthusiastic coaches who are ready to instruct gymnastic classes along with life skills. We are looking for preschool, girls class, and boys class program instructors along with a Recreational Competitive Team coach. Please contact us via phone or email to submit your application. If you have the passion then we want you to join our team.

Phone: 248-474-7778 [www.mega-gym.com](http://www.mega-gym.com)

## Classified Ads

### **Gymnastic Training Center** Girls Team Coaching Position Available

Gymnastic Training Center is seeking an experienced, dependable, person to add to its girls competitive programs. Responsibilities include coaching, spotting and knowledge of the USAG Womens program rules. If you love kids, love gymnastics, and love to teach in a fun, safe environment, in one of the nations finest gyms, give us a call. We offer competitive pay, quality benefits, and a excellent retirement plan. Our fully equipped 25,000 sq ft facility is located in a beautiful area of Oakland County.

Call Dave at (248) 852-7950 or fax a resume to (248) 852-8494.  
Gymnastic Training Center, 1813 Northfield Drive, Rochester Hills, Michigan 48309  
daveb4u@aol.com.

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### **EURO STARS GYMNASTICS** **NOW HIRING!** Boys & Girls Team Coaches

Recreational and Preschool Instructors  
Minimum Experience 1 year

Euro Stars is a well-established gymnastics school located in Plymouth, MI  
There are long term positions with growth potential for the career minded individuals.

All applicants should be positive, energetic team players who wish to work  
in a supportive, receptive atmosphere.

Fax resume to 734-7373-9502 or email to: [eurostarsgym@sbcglobal.net](mailto:eurostarsgym@sbcglobal.net)

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***American Gymnastics of Chesterfield*** is seeking highly motivated, energetic staff for preschool, instructional & Boys and Girls Competitive Teams at our location. Please contact Michele Miller at 586-598-0400 or e-mail at [www.agimichigan@yahoo.com](mailto:www.agimichigan@yahoo.com)."

If you have any questions, please contact me at 586-598-0400 gym  
or email [agimichigan@yahoo.com](mailto:agimichigan@yahoo.com).

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### **POSITIONS AVAILABLE**

#### **AT GEDDERTS' TWISTARS USA GYMNASTICS CLUB**

**INTERESTED?  
CALL NOW!!!**

*Twistars USA is currently seeking coaches for all levels ...  
recreational through elite*

*Join one of the nations top gymnastics programs.... Where  
you can learn while you work!!!*

**RECREATIONAL INSTRUCTORS  
THROUGH COMPETITIVE TEAM**

**Phone: 517-322-0360**

**2 Fantastic Facilities...In Lansing  
Michigan**

**GEDDERTS'**  
**Twistars**  
GYMNASTICS CLUB **USA**

## DEADLINE DATES FOR 2007-2008 MICHIGAN STATE QUALIFIER AND STATE MEETS

All state qualifier and state meets are listed below. **USPS POSTMARK ENTRY DEADLINE DATES** are listed for each meet. *Please be aware of your post office policies.* If you mail your entry on the deadline date but the post office does not postmark it until the next day, you will be charged the \$10.00 late fee per gymnast for state qualifiers or \$25.00 late fee per gymnast for state meets. Please keep these dates easily accessible and refer to them often. **Plan ahead and fill out your entry form early. Payment MUST accompany all entries.**

Meet Date	Meet	<u>Deadline Date</u>
Jan. 19-20	Level 5/6 State Qualifier – Olympia Gymnastics	Wed., Dec. 26 (4 wks)
Jan. 19-20	Level 5/6 State Qualifier – Splitz Gymnastics	Wed., Dec. 26 (4 wks)
Feb. 9-10	Level 5/6 State Qualifier – Branch in Kalamazoo	Mon., January 21 (3 wks)
Mar. 1-2	Level 5/6 State Qualifier – MEGA & All American Flames	Mon. February 4 (4 wks)
Mar. 29-30	Level 5 State Qualifier – Branch in Kalamazoo	Mon., March 10
April 5-6	Level 8, 9, 10 State Meet – Twistars – Diamondale	Mon. March 10
April 12-13	Level 6/7 State Meet - Waters Edge Traverse City	Mon. March 17
April 19-20	Level 5 State Meet – Midland Gym Training Center	Mon. March 31 (3 wks)
May 10-11	L-4 & Prep Opt State Meet – Mid Michigan – Saginaw	Mon. April 21
May 17-18	Pre – Team State Meet – Gym America – Ann Arbor	Mon. April 21

<b>2008</b>	<b>Michigan</b>	<b>USAG</b>	<b>Calendar</b>
Dates / Year	Meet Type	Level	Host Club
<b>Meets 2008</b>	<b>Spring Season</b>		
February 23, 24	All American Inv & Fun Meet L-2 to Pre 5	L-4 to L-10/PO	Hartland
Feb 29 (Friday)	MEGA Luau Fun Meet	L-2 to Pre 5	Farmington
<b>*March 1, 2, 2008 *</b>	<b>Level 5 &amp; 6 SQM 2 Sites</b> L-7to L-9 Inv – Port Huron Airborne Invitational & Fun Meet L-2 to Pre-5  Gym Jesters Fun Meet	<b>5 &amp; 6</b>  L-4 to L-10  L-2 to Pre 5	MEGA & All American Flames Grand Rapids  Saginaw
March 8, 9, 2008	Motown Madness Spring Spectacular – Euro Stars Zoomania Invitational – AA Gym Center Tumblefest – Farmington Gym Center	L-4 to L-10 L-4 to L-10 L-5/6 & P.O L-2 to Pre-5	GTC-Rochester Euro Stars @ EMU Jackson Farmington Hills
<b>March 15, 16, 2008</b>	Wolverine Classic Sand Cassell Classic L-2 to Pre 5 Fun Spring Fling Fun Meet Spring Jam – Maple City	L-4 to 10 & PO L-4 to L-8 & PO L-2-5 & L- 5-8 Sanctioned L-2 to Pre 5	Gym America Muskegon Gtr. Kalamazoo  Adrian

<b>March 22, 23, 2008</b>	<b>Easter</b>		
*March 28, 29, 30	<b>Level 5 SQM 1 Site</b> Big 10's and MAC's Gymnastics Revolution & Fun Meet – Red Cedar Gym Jesters Festival In Motion & Fun Meet Infinity Mission Impossible Fun Meet	<b>5</b>  L-2 Pre-5 & L-5 to L-8 & PO All levels & PO L-3 to L-7's	Branch / Kalamazoo  Lansing  Saginaw Brighton
<b>*April 5, 6, 2008 *</b>	<b>Level 8, 9, 10 State Meet</b>	<b>8,9,10</b>	Twistars – Diamondale
<b>*April 12, 13 *</b>	<b>Level 6 &amp; 7 State Meet / NCAA Regionals</b>  Gym Jesters Fun Meet & Prep Opt Spring Fever Fun Meet – Cutting Edge Gym	<b>6 &amp; 7</b>  L-2 to Pre 5 L-2 to Pre 5	Waters Edge – Kalkaska Saginaw Clinton Twsp.
<b>*April 18, 19, 20*</b>	<b>Level 5 State Meet</b>	<b>5</b>	Midland GTC
April 25, 26, 27	<b>Level 9 &amp; 10 Regionals</b> Flower Power Fun Meet and Prep Opt Mills Sundae Fun Meet Saturday Sanctioned L-4	<b>9 &amp; 10</b>  L-2 to Pre 5 L-2 to Pre 5 & L-4 Sanctioned	Twistars – Lansing Kids Gym – Portage Southgate
May 2,3,4, 2008	<b>Level 8 Regionals</b> Gym Jesters Fun Meet/AAU/Spec. Olym	<b>8</b>	TBA Saginaw
<b>*May 9, 10, 11 *</b>	Level 9 National Championships <b>Prep Opt &amp; Level 4 State Meet</b>	L-9 <b>Prep Opt &amp; L-4</b>	Dayton, Ohio Mid Michigan Gym
<b>*May 16, 17, 18 *</b>	Level 10 National – <b>Pre Team State Meet</b>	10 <b>L-2,3,4,5</b>	Kissimmee, Fl Gym America
May 23, 24, 25	US Classics	Elite	
May 30 - June 1			
June 7,8, 2008	Championships of USA	Elite	Boston
June 14, 15, 2008			
June 18, 19, 20, 21, 22, 2008	Olympic Trials & National Congress	Elite	Philadelphia

## MEMBER SERVICES UPDATES

### USA Gymnastics Background Checks

USA Gymnastics is proud to announce a working partnership with National Center for Safety Initiatives through which we will engage in a comprehensive background screening program.

USA Gymnastics is requiring background searches on all USA Gymnastics Professional Members to ensure a safe and secure environment for participants and its members.

- [USA Gymnastics Background Check Policy](#)
- [Why background screening?](#)
- [USA Gymnastics Background Check Q&A](#)
- **The live online link to the Background Check Screening will be available on November 12.**
- **Questions - please call NCSI at 866-833-7100 ext. 109**

Dear State Administrative Committee Chairman:

For now it is important for you to know the following: Screening will be required for all December professional members. The requirement will then continue month by month.

- Ø Beginning November 12, 2007 all new members will have to complete the background screening prior to receiving a professional membership. Members whose membership expire in December must complete the screening prior to December 31, 2007. Once background is complete and the safety is current, they will receive the renewal of the professional memberships.
- Ø Every following month the same rule will apply. That is Members who expire in January must have the screening completed by January 31 and so on until we go through the roll-out of all 12 months.
- Ø Any member may go through the screening process at any time prior to their membership expiration. If a member wishes, or their employer wishes, that they get the screening done in advance, they may do so.
- Ø The anniversary date of the background screening will be 2 years from the initial screening. This date does not have to be tied into the membership renewal date. However safety and screening must always be completed prior to the membership expiration.
- Ø The screening process will be made available to all clubs, for their employees, within the very near future.

I will be contacting you again next week. Thank you for your kind understanding and patience with this most important matter.

Kind regards,

*Kathy Feldmann*

USA Gymnastics      Vice President - Member Services      National Congress & Trade Show Director

317-829-5625 - Direct Line      317-237-5050 - Main Office      1-800-345-4719 - Member Services

317-692-5212 – Fax      USA GYMNASTICS - Begin Here...Go Anywhere

10-31-07

### ***Why background screening?***

USA Gymnastics is a youth sports organization, and gymnastics is one of the country's most popular sports, especially for girls and young women. Providing a safe, clean, and fun environment is important for the sport to continue to grow and thrive. Parents must have the highest degree of confidence that their children are not only receiving good care and proper instruction, but also are safe from negative and improper conduct. These basic tenets are crucial to maintaining a positive image in the community and a good reputation, both in local communities and as an activity nationwide, especially since 98 percent of our athlete members are under 18 years of age.

Professional membership in USA Gymnastics should be the gold standard, an indicator that the person or organization has committed the time, interest and hard work into being the best they can be. This membership should be a distinction that parents look for and depend upon to know that they are placing their children into well-trained and professional hands.

The responsibilities of an organization that provides activities for children and young adults include protecting the safety and welfare of its athletes and participants. USA Gymnastics has already mandated a safety certification program, which provides professional members with a working knowledge of how to conduct gymnastics activities in a safe environment. Also, USA Gymnastics has a zero-tolerance policy on abuse and other inappropriate behavior with an athlete. USA Gymnastics is now requiring background screening of professional members to support this policy and in response to inquires for this service from gym club owners. Background checks are becoming commonplace with many youth organizations and institutions and are endorsed by the U.S. Olympic Committee.

In fact, USA Gymnastics will begin requiring mandatory background checks for all professional members, as well as staff and Board members, in December 2007. As a pilot program, the USA Gymnastics Board of Directors and staff already have completed background checks with our partner, the National Center for Safety Initiatives (NCSI). Through NCSI, all professional members will have the endorsement of completing a successful background check for previous criminal behavior which may be inappropriate for contact with children. Screening covers criminal background, sex offender registry and identity verification.

USA Gymnastics has worked hard with NCSI to develop a program that is affordable, and the fees cover the costs for this service. This is not a profit center for USA Gymnastics. The monies go to and remain with NCSI.

This is going to be a major undertaking for USA Gymnastics, but this initiative is an important part of providing a safe environment for our athletes, which is the responsibility of every member.

## REGION 5 ALL-STAR TEAM SELECTION CRITERION

1) PURPOSE- The purpose of the Region 5 All-Star team is multidimensional. Some of the reasons for its existence are.... to recognize and reward our top Junior Olympic and Elite level athletes for their uncompromising devotion to our sport and our region.....to provide experiences designed to enhance the future growth of these athletes.....to provide the coaches of these athletes with experiences designed to enhance their professional growth in our sport..... to spread and nurture a common bond and to establish a team Spirit, within our region.... and to provide a vehicle from which regional pride can be fostered and delivered.

2) GOALS- The goals of the Region 5 board as related to the athletes and coaches and their qualification to the Region 5 All-Star Team are to recognize our top athletes at our annual mini congress banquet. Recognition may take on many forms, but a few words about the accomplishments of the athletes, a video presentation and an awards plaque have been used as the normal procedure in the past. In short we want the athletes within our region to feel special and to believe that Region 5 is the very best place in the country to achieve gymnastics goals.

The regional board also wishes to provide an international assignment designed to give experience, international exposure and to enhance regional pride. This assignment will usually be scheduled in mid to late fall so as not to interfere with the normal USAG competitive seasons.

3) FUNDING- The international assignment is to be funded by an allocated amount determined by the regional board. These funds will come from the Region 5 Apparel Fund. Only the qualified athletes will receive financial assistance from this allocated budget.

The fund will pay for 1) athletes air and transportation 2) athletes lodging at the competition itself 3) the entry fees for the competition 4) delegation gifts for the host organization of the international event.

The allocated budget for the international assignment will be determined based on the financial stability of the Apparel Fund in any given year. The budget will be reviewed each year at the summer board meeting.

4) CRITERION – The following criterion is to be published periodically in the state and or regional newsletters. This material is vitally important and should be made readily available to our membership in Region 5.

The top 8 Junior Olympic, the top 2 Junior International and the top 2 Senior International Elite athletes, based on the following criterion will be named to the Region 5 All-star Team.

1) Athletes must have qualified to their respective national championship event. No petitions will be allowed. NEW- This means Championships of the USA for Elite athletes and Level 10 J.O. Nationals for the J.O. athletes.

2) INTERNATIONAL ELITE rankings will be taken from the Championships of the USA, (top 2 junior international elites and top 2 senior international elites). Those elites that qualify to the USA National Team and All Star Team and a) have pending international assignments or b) have had USA international assignments in the past will be named to the ALL STAR TEAM but will be ineligible for the ALL STAR TEAM TRIP. This is due to the conflicts in scheduling and the priority that must be placed on USA NATIONAL TEAM COMPETITIONS for USA GYMNASTICS.

Elites that qualify to US Classic, American Classic OR Championships (and don't make the All StarTeam), may submit 3 All Around Scores for ranking purposes for the remaining J.O. spots. Elites must use the same criterion as used by J.O. athletes for submitting scores (see criterion listed under JUNIOR OLYMPIC #3 less the requirement that states that the regional or national meet score must be used).

3) JUNIOR OLYMPIC rankings will be taken from averaging the top 4 all around scores for the current competitive season.

A) An athlete may only use USAG sanctioned scores (AAU, USAIGC and High School scores would not count)

B) They may use only 1 home meet score, provided there are at least 2 additional level 10 teams present, (.HOME MEETS. do not include states/regionals and nationals) (a team consists of 3 or more members). In the case when a club hosts MORE THAN ONE HOME MEET, the club must designate which competition is to be used for potential all star team scores. (This is to eliminate the possibility of hosting meets until you get the scores needed to qualify to the all star team). It will be assumed that the FIRST HOSTED MEET will be used for All Star team scores UNLESS the club declares in WRITING to the JOPC prior to the date of the FIRST MEET that they want to designate the SECOND MEET as their choice.

C) They may only use 1 all around score per meet (i.e. meets that have prelims and finals) This rule is used to avoid .getting lucky. with overly friendly evaluations that certain meets may have, and to avoid having those scores count as 50% of your All-Star team qualification criterion.

D) All qualification scores must be achieved prior to the conclusion of level 10 nationals. (this is to eliminate the possibility of hosting meets post season with the sole purpose of creating a better all star team score average)

E) Scores, in the form of official meet results must be submitted no later that July 1 (late entries will not be accepted).

F) Scores must include either regional championships or national championships AA score. (this is to provide an equal playing field for all candidates for a minimum of 25% of the submitted scores).

4) Athletes must attend one of the 4 regional training camps responsible for funding the international assignment. These camps include SUPER CAMP, HOT SHOT CAMP, Hi TECH CAMP and FORWARD PROGRESS CAMP. This displays support for the regional activities and it is the presence of our top athletes at these training camps that truly provide the camps with credibility and substance..... In other words others learn from watching what and how the .best. are doing things.

5) An athlete must have been an active member within our region for 1 year.

**REGION 5 ALL-STAR TEAM INTERNATIONAL  
ASSIGNMENT CONDUCT GUIDELINES**

- 1) The purpose of the international assignment is to provide a reward system for our athletes and coaches and judges for their dedication and contributions to the sport of gymnastics in our region. Although personal goals and objectives are always important , the overwhelming theme behind our international experiences will be REGION 5 FIRST.
- 2) All Team members, coaches and judges are to participate in accordance with the REGION 5 FIRST THEME. Taking and maintaining this TEAM approach will help insure that the event will be a positive experience as possible.
- 3) Anytime that you put a large group of people together in any endeavor.... you will encounter differences of opinion. Differences of opinion should be dealt with professionally in open team meetings. Should a solution not be agreeable there needs to be a place where the .buck stops. In these cases the decision rests with the delegation leader(s).
- 4) On site travel plans, itinerary items should be discussed as a group but once again the final agenda will be determined by the delegation leader(s).
- 5) Region 5 Team apparel and coaching apparel should be worn when appropriate..... training sessions, airports, competitions etc.
- 6) In the event of finals.... it has been the position of the region to get as many Region 5 athletes exposure to international finals as possible. Therefore if we can get more region 5 athletes into finals by scratching someone who has qualified on multiple events then that is what should be done.
- 7) Workout times, structure, format, rotation times etc will be set at a team meeting with the final decision being announced by the delegation leader. Once again should there be differences of opinion, the delegation leader has the final say and all members of the delegation are expected to adhere to those decisions.
- 8) Attending parents should remember that the experience is for regional bonding and NOT a family vacation. Parents may attend, but should realize that all decision regarding itinerary and related activities are decided by the attending coaching staff. Attending parents must make their own travel arrangements outside of the delegation. Parents may not separate their child from the group for any reason.

**2008 SENIOR GYMNAST PROFILE & GYMNAST OF THE YEAR**

NAME \_\_\_\_\_

CLUB AFFILIATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

NUMBER OF YEARS IN GYMNASTICS \_\_\_\_\_

Present level of competition \_\_\_\_\_ # of years at that level \_\_\_\_\_

Strongest Event \_\_\_\_\_

GYMNASTICS ACHIEVEMENTS \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HIGH SCHOOL INFORMATION**

High School \_\_\_\_\_

City \_\_\_\_\_

GPA \_\_\_\_\_ Extra Curricular Activities \_\_\_\_\_

\_\_\_\_\_

Honors \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

ADDITIONAL ACCOMPLISHMENTS \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

POST HIGH SCHOOL ASPIRATIONS \_\_\_\_\_

\_\_\_\_\_

Please return this form to : Claudia Kretschmer, 4611 Platt Rd., Ann Arbor, MI 48108

Please return this form postmarked by March 1<sup>st</sup>. Voting will take place at the Level 8/9/10 State Meet.

**2007 - 2008**  
**REQUEST FOR AD PUBLICATION**

*The form below must be completed and sent to Douglas Rowe, 5870 North Hix Road, Westland, MI 48185 for the meet to be included in the official MI competitive calendar.*

Type of Ad \_\_\_\_\_

Ad Publishing Dates \_\_\_\_\_

Ad to be Published \_\_\_\_\_

\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

Person Responsible for Ad \_\_\_\_\_

*Fill out a separate form for each "AD" that you want posted.*

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**COMMENTS / SUGGESTIONS FOR YOUR  
USAG STATE ADMINISTRATIVE COMMITTEE**

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Name \_\_\_\_\_

Contact # \_\_\_\_\_



**USA  
GYMNASTICS**  
*In cooperation with Region 5  
Presents the*

**2008 Region 5 Congress**

**GENERAL INFORMATION**

**DATE/SITE:**

**Region 5                      September 26 - 28, 2008      Indianapolis, IN                      Sheraton Indianapolis Hotel and Suites**

**PURPOSE OF REGIONAL CONGRESSES:**

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

**REGION 5 EDUCATION:** Over 75 Sessions covering the following areas:

**Coaches Education** – Sessions covering popular topics for the developmental through elite gymnastics coach. Learn from leaders in the gymnastics community.

**Recreational Education** – A recreational track covering programs for tots through teens; be the best instructor in your gym!

**Business Education** – Sessions covering marketing, managing your business, staff retention and more.

**Judges Education** – Sessions covering compulsory, optional and elite judging criteria, technique and more.

**Other** – Men’s, Rhythmic, Sports Science and more.

**Registration will begin on February 1, 2008 Online Registration will be available for members and printable forms will be available for all others at [www.usa-gymnastics.org](http://www.usa-gymnastics.org)**

<b><u>COST</u></b>	<b>Early Bird (Ends July 25th)</b>	<b>Regular Price (Ends Sept. 11th)</b>	<b>On-site Registration</b>	<b><u>Full Dinner Banquet</u></b>
<b>Professional, Jr. Pro &amp; Instructor Members</b>	\$145.00	\$175.00	\$200.00	\$25.00
<b>Other Member Types and Non – Members</b>	\$175.00	\$205.00	\$230.00	\$25.00
<b>Member Clubs*</b>	1st – \$145.00 2nd - \$135.00 3rd - \$125.00 4th - \$115.00 5th - \$105.00 6th or more - \$100.00	1st – \$175.00 2nd - \$165.00 3rd - \$165.00 4th - \$155.00 5th - \$155.00 6th or more - \$145.00	N/A	\$25.00/ea

\*This offer is only available to Professional, Jr. Pro and Instructor Members affiliated with a Member Club. Members of a Non-Member Club would pay full rate.

**HOUSING**

**A block of rooms has been reserved. Call by Sept. 5, 2008**

**National Travel Systems Sports Travel Team**

**6502 Slide Rd/Suite 404**

**Lubbock, TX 79424**

**Toll Free: 1-888-603-8747; Main Line: 806-794-3135**

**Email: [sportsinfo@nationaltravelsystems.com](mailto:sportsinfo@nationaltravelsystems.com)      website: [www.ntssportstravel.com](http://www.ntssportstravel.com)**

**Single/Double Rate of \$102.00**

Any reservations after the cut-off date will be based strictly on availability.

**Sheraton Hotel and Suites**

**8787 Keystone Crossing**

**Indianapolis, IN 46240**

**317-574-6711– local information only**

Please check the USA Gymnastics website – [www.usa-gymnastics.org](http://www.usa-gymnastics.org) for a detailed daily schedule/speakers – coming soon.

Minimum age for Congress attendees is 16.

There is a \$30.00 cancellation fee up until Sept. 11th. No refunds after Sept. 11th. (Substitution of participants will be allowed until Sept. 11th if submitted in writing.)



MI-USAG NEWSLETTER  
MI-USAG State Chairman

Douglas A. Rowe  
5870 North Hix Road  
Westland, MI 48185

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